



# COUNCIL on AGING

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10925 David Taylor Drive, Suite 150, Charlotte, NC 28262  
704.391.5216 FAX 704.391.5217 • www.charmeckcoa.org

## ADVOCACY ALERT!

### ISSUE: H1N1 / Swine Flu

H1N1 / Swine Flu is a new type of influenza which has recently been discovered in humans. Outbreak of this new influenza continues to slowly expand in the United States. According to recent reports from World Health Organization (WHO), there are approximately 9,000 cases in the United States, which has resulted in 15 deaths.

The virus spreads from human to human and can cause illness. It can spread through coughing, sneezing, or contact by an infected person. To prevent spreading this infection, people should cover their mouth and nose with a tissue when coughing, and wash their hands regularly.

Currently, there are no vaccines available for the H1N1 virus, so proper preventive measures are very important.

**DATE: June 2009**

**TIME FRAME: Act Now!**

### SUGGESTED ACTION:

- Print and share this Advocacy Alert!
- Learn more by reading the [Status Report](#) on this issue.
- Be proactive! Learn more about the Council on Aging [Senior Disaster Registry!](#)
- For more information, visit the [Centers for Disease Control and Prevention](#) website.
- Read information provided by Mecklenburg County's Health Department by clicking [here](#).
- For caregiver information, click [here](#).