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Council on Aging Annual Conference



2009

Wednesday
May 13, 2009
8:00 a.m. – 4:00 p.m.

Covenant
Presbyterian Church

Fellowship Building
1000 East Morehead Street
Charlotte, NC 28204



COUNCIL on AGING
YOUR SOURCE AND VOICE ON SENIOR ISSUES

introducing ...

Aging & Disabilities CRC ***Serving Mecklenburg County***

Aging & Disabilities CRC is part of a national effort to make it easy for older adults and people with disabilities to obtain information and to access resources.

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Community Resource Connections



Support for
Seniors and
Adults with Disabilities

JUST 1 CALL

One Call. One Source. Wonderful!
704-432-1111
www.just1call.org



Disability Rights & Resources
*Fighting for Justice * Advancing Independence*

Keynote Speaker

Glenn M. Landers is a Senior Research Associate at the Georgia Health Policy Center. Mr. Landers' primary areas of expertise are in long-term care and access for the uninsured. Since joining the center in 1999, Mr. Landers



Glenn Landers

has led a variety of projects informing long-term care and end-of-life care policies and programs.

Mr. Landers' current projects include evaluating the expansion of Georgia's Aging and Disability Resource Connection (ADRC) for the Georgia Department of Human Resources Division of Aging Services and evaluating a state disease management program for

approximately 100,000 aged, blind, and disabled Medicaid consumers for APS Healthcare and United Healthcare.

Mr. Landers completed his undergraduate work at Syracuse University and received both an MBA and an MHA from Georgia State University. He is currently working on a doctoral degree at Tulane University.

Featured Speakers

Lunch Panelists:

Sue Hancharik, Deputy Division Director, Support Services Division, Mecklenburg County Department of Social Services

Julia Sain, Executive Director, Disability Rights & Resources

Debora M. Sparks, Executive Director, Council on Aging

Gayla S. Woody, Aging Program Administrator, Centralina Area Agency on Aging

Workshop Facilitators:

Jackie Hayward, Supervisor, Just 1 Call, Mecklenburg County Department of Social Services

Jeanie G. Schepisi, Piedmont Area Regional Manager, Seniors' Health Insurance Information Program

Peco McKoy, District Manager, Social Security Administration

Donna Holt, Human Services Planner, Office of Long Term Care, NC Department of Health & Human Services

Robert L. Weeks, Sr. Director, Mecklenburg County Veterans Services

Becky Williams, ADA and Community Education Coordinator, Disability Rights & Resources

program agenda

- 8:00 – 9:00 am Registration, Networking & Breakfast with Exhibitors
- 9:00 – 9:15 am Welcome & Introductions
- 9:15 – 10:15 am Keynote Speaker: Glenn Landers

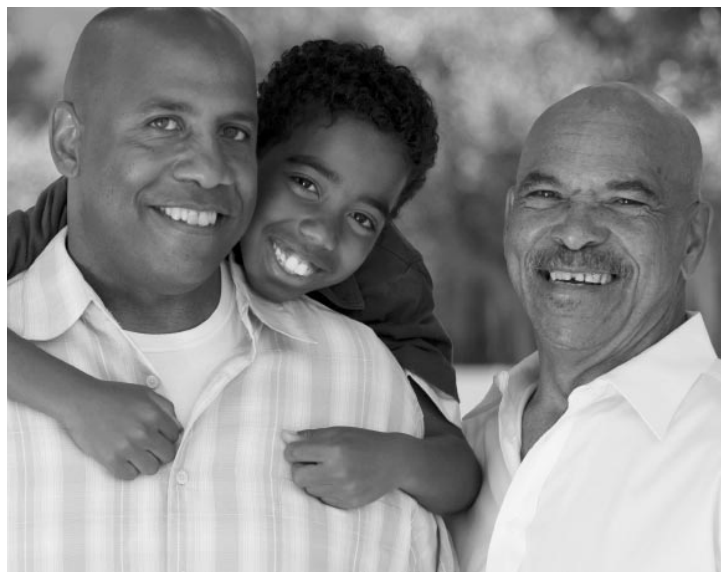
“The ABCs of ADRC and How to Know if You Have a High Functioning Collaborative”

- 10:15 – 10:30 am Break
- 10:30 – 11:30 am Workshops – Morning session
- 11:30 – 1:00 pm Lunch and Keynote Panel

“Aging & Disabilities CRC: Serving Mecklenburg County”

** Representatives from other counties in N.C. will also have the chance to share CRC efforts in their area.*

- 1:00 – 1:15 pm Break
- 1:15 – 2:15 pm Workshops – Afternoon session 1
- 2:15 – 2:30 pm Break
- 2:30 – 3:30 pm Workshops – Afternoon session 2
- 3:30 – 4:00 pm Networking & Afternoon Snack with Exhibitors



The mission of Council on Aging is to transform Charlotte-Mecklenburg into a **senior-friendly** community through **education** and **advocacy**.

workshops

am workshops (10:30 – 11:30 am) Choose one of four workshops

A. From Paper to Practice: Implementing Person-Centered Concepts, *Donna Holt*

Learn about person-centered training opportunities designed to incorporate person-centered concepts into the delivery system for long-term services and supports. This includes person-centered thinking, planning and organization concepts.

B. Just 1 Call, *Jackie Hayward*

Learn about Just 1 Call, a one-stop source of information and assistance for seniors, caregivers and adults with disabilities in Mecklenburg County. A free, confidential, easy-to-use service that is available in *140 languages*.

C. Disability Etiquette: Do I Open the Door for Someone in a Wheelchair? *Becky Williams*

With humor and real-life examples, the presenter will go through a series of scenarios explaining the do's and don'ts related to disability etiquette. The disabilities addressed will include wheelchair users, individuals who are deaf, hard of hearing, deaf/blind, and who have speech impairments.

D. Navigating through Benefits, *Peco McKoy, Jeanie Schepisi, Bob Weeks*

Representatives from Social Security Administration (SSA), Seniors' Health Insurance Information Program (SHIIP) and Mecklenburg County Veterans Services will combine their expertise to explore benefits and services.

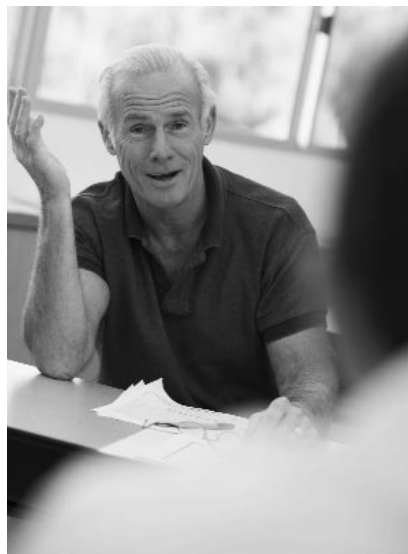
pm workshops – Session 1 (1:15 – 2:15 pm) Choose one of four workshops

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C. CRC 101 for Providers/Lessons Learned, *Aging & Disabilities CRC Representatives and Keynote Speaker Glenn Landers*

Providers will learn how becoming a partner of the Aging & Disabilities CRC in Charlotte-Mecklenburg will benefit them and their clients, and gain a better understanding of the process to becoming a member. Glenn Landers will also share results and 'lessons learned' from similar initiatives in Georgia.

D. CRC 101 for Consumers, *Aging & Disabilities CRC Representatives*

Consumers will gain insight on how the Aging & Disabilities CRC will work. The session will include: how to benefit from the CRC and a description of how the consumer's information will be handled by different agencies.

pm workshops – Session 2 (2:30 – 3:30 pm) Choose one of four workshops

A. The Aging Network, *Gayla Woody*

What is the Aging Network? What services are provided? Who provides them? How are they funded? This session will provide a brief overview of aging services, a historical perspective of the Older Americans Act, latest trends in aging, and examine federal, state and local government roles.

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It's YOUR Future ... Make sure it's senior-friendly!

who should attend?

Consumers

- Older adults, caregivers, people with disabilities, and
- Anyone interested in independent living or aging-in-place services.

Consumers will learn what Aging & Disabilities CRC can do for them, how to utilize CRC resources and

the advantages of using CRC for services and benefits.



Service Providers (CEU's are available!)

- Agencies providing housing, caregiving or transportation services,
- Adult care and long-term care communities,
- Agencies supporting people with disabilities, and
- Legal, financial and social service providers.

Service providers will learn how to become part of Aging & Disabilities CRC to improve client experience.

Elected & Agency Officials

- Local, state and federal officials are encouraged to attend!

Understanding Aging & Disabilities CRC is key to unlocking benefits for our community!

Be a Conference Sponsor!

Don't miss this chance to support connecting older adults, caregivers and people with disabilities to the services and benefits they need to live independently at home! *Get connected!*

Visit www.charmeckcoa.org to learn about **sponsorship** and **exhibitor** opportunities.

Date: Wednesday, May 13, 2009

Location: Covenant Presbyterian Church
1000 E. Morehead St., Charlotte, NC 28204

Sponsors:



Carolinas HealthCare System

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Mecklenburg County
Family Caregivers
Support Program

Presbyterian ORTHOPAEDIC HOSPITAL

AMERICAN
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Partner:

all for
Seniors
RESOURCE AND REFERRAL DIRECTORY OF GREATER CHARLOTTE

directions and parking

Driving Directions

I-85 SOUTH TO CHARLOTTE (FROM THE NORTH)

I-85 SOUTH toward CHARLOTTE

Take I-77 SOUTH/US-21 S. Exit #38 (toward COLUMBIA)

On I-77 take MOREHEAD ST./US-29/NC-27 Exit #10A

Turn LEFT onto W. MOREHEAD ST./US-29/NC-27

Bear RIGHT onto DILWORTH at the fork

Covenant parking lot will be on your LEFT

I-77 SOUTH TO CHARLOTTE (FROM THE NORTH)

Take I-77 S. (toward CHARLOTTE)

Take Exit #10A, MOREHEAD ST./US-29/NC-27

Turn LEFT onto W. MOREHEAD ST./US-29/NC-27

Bear RIGHT onto DILWORTH at the fork

Covenant parking lot will be on your LEFT

I-85 NORTH TO CHARLOTTE (FROM THE SOUTH)

Take I-85 N (toward CONCORD)

Merge onto FREEDOM DR./NC-27 E. via Exit #34
(toward DOWNTOWN)

Turn LEFT onto W. MOREHEAD ST./US-29/NC-27.

Bear RIGHT onto DILWORTH at the fork

Covenant parking lot will be on your LEFT

I-77 NORTH TO CHARLOTTE (FROM THE SOUTH)

Take I-77 N/US-29 toward I-85 CHARLOTTE

Take JOHN BELK FRWY./I-277/WILKINSON
BLVD./US-74, Exit #9 (toward US-29/NC-27)

Merge onto I-277 NORTH/US-74 E. Exit #9B

Take exit #1D, CARSON BLVD.

Continue W. CARSON BLVD. for one block

Turn LEFT onto S. TRYON ST./ NC-49

Turn RIGHT onto E. MOREHEAD ST./NC-27

Bear RIGHT onto DILWORTH at the fork

Covenant parking lot will be on your LEFT

Suggested Parking

Council on Aging is encouraging you to "be green!" Please carpool and you could be eligible for a special prize!

Parking is available in the Covenant Presbyterian Church parking lots. You can also park on Dilworth Road.